

Introduction

LETTER
TO THE
READER

Introduction at a Glance

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I

INTENT IS A PLACE OF INTEGRATION

This book is a tool for living. It is a roadmap of sorts that can guide you into places within that have been too little explored. This book is a tool of excavation that will help you to unearth great treasures within you, too long buried beneath infertile soil. This book is a prayer, a conversation with the Divine that takes place with all of you always. The specifics within any given letter will be unique; however, the underlying message is universal. Don't let context eclipse the content.

Above all else, this book is a companion, a comforter and a friend. Commune with it often and allow your path to become illumined. There is no need to read from cover to cover in sequential order. It is perfectly fine to simply drop in at any place, at any moment in time. There are rich messages on every page, in every paragraph, in every sentence. You may choose to just be with, sit with, contemplate a single phrase for awhile. This is fine. There are no ought-tos or shoulds here. It is simply available. The only question is, "How available will you be?"

Although the book comforts, it will at times afflict the comfortable. Its purpose is to assist you in increasing your capacity to express your divine potential. It will help you to see things, including yourself, in a different light. It will challenge some of your existing paradigms. However, with every challenge comes a choice to move in another direction, physically, emotionally, and energetically.

These letters are not arranged chronologically. Their message is timeless, in spite of both contemporary and ancient references. They have a rhythm, a flow, a cadence. It is highly

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2 *This book comforts the afflicted and afflicts the comfortable*

recommended that you read the letters out loud, as they were first delivered orally, and voice inflections and nuances are difficult to capture on paper. Reading out loud will help you to appreciate the syntax and storytelling quality of the letters. As you read, you will tune in to their vibration and get your own fresh revelation.

3 *Your high-tech,
low-touch society leaves
the human soul in angst*

Your American society is a very goal-oriented society. It puts a high premium on activity and accomplishment. Individuation and personal success are an important part of this mix. The striving is always for more, faster, and better than before. Yet this high-tech, low-touch society of yours leaves the human soul in angst. In fact, it is more important for your intent to be pure than for all of your goals to be met. It may be difficult at this point in time to understand why this is so. These messages, however, will make it more than self-evident. In your society, there is little or no real investment made to integrate the mind, body, and soul in such a way that your emotions, thinking, and actions are in alignment with one another. Yet it is in such a profound state of integration that your true spiritual integrity shows up. Integrity is living in an integrated state.

Take your time with this book. Do not be forlorn or discouraged if you do not grasp all of the concepts immediately. It may take a few times of reading the same passage before your awareness can wrap itself around a new approach it offers. Just be with the materials. It is highly recommended that you also read the first volume of this series, *The Sacred Yes*, though not entirely necessary since each volume of this series stands on its own. There are references made here to that volume, and the two reinforce each other well.

4 *Understand how to be a
miracle, not just have one*

In the letter entitled “Miracles” in *The Sacred Yes*, I began by saying, “A miracle is where your deep

intent meets my Inexhaustible Supply. Notice who brings what to the equation.” The first volume, *The Sacred Yes*, speaks greatly of my Inexhaustible Supply; this volume two, *Your Deepest Intent*, helps to clarify how you can show up in life with higher degrees of intent. So-called miracles are an everyday occurrence. Most people are waiting for things to happen. You *are* the happening. This book will help you to understand how to *be* a miracle, not just receive one.

Be the miracle that you are. I am the Inexhaustible Supply. Come to me in earnest with your deepest intent to be a place of pure possibility.

Perhaps one of the most important things for all of you to understand is the concept of intent. I use the word “intent” and not “intention” because it carries more of a sense of action. The word “intend” is a verb and thus an action word, yet it has a more diluted impact. In your society when you say that you intend to do something, you are acknowledging that there’s also the possibility, perhaps even the probability, that you will not actually accomplish what you say you intend to do.

Intent is not merely about goals. Intent is beyond objectives, plans, or strategies. Intent is beyond hopes and expectations. There is a tendency to objectify intention. However, intent resides in the depth of your soul. Understand what it is that I am saying here.

Your intent is a place of integration. It is the place where your motives, fears, anxieties, possibility awareness, surrender (in contrast to willfulness), desires, and determination all come into play. Do not confuse desire and intent. In desire there is a longing, but the longing itself, if too intense, will convince you that the desires of your heart are not possible. There may or may not be any commitment to bringing about the desires of your heart. However, intent is further down along the continuum. By the

5 *Intent is more than a goal; it's a place of integration*

time someone reaches a place of intent, there is clarity about what one is co-creating in the world. I use this word “cocreating” because by the time people reach the place of intent, they realize that they are an important part of the unfoldment. They are not just sitting around waiting for something to happen. They understand that they are intricately a part of the process of manifestation.

Intent is phenomenally important, more important than you could ever imagine. Your intent arrives before you do. You could do something that outwardly appears to be the most generous of gestures. However, if your real motivation behind it is to manipulate, to control, to camouflage, or the like, it will be felt. Furthermore, the generosity will not be perceived as genuine. It will not be received as a blessing, nor will you be blessed by it. Again, you may do something that turns out to have a completely opposite impact from what you had anticipated, or perhaps was even counterproductive. However, if your intent is pure, everything will, in fact, turn out all right.

6 *Intent encompasses
many factors*

Your intent concerns not simply what you plan to do, but why you plan to do it, how you plan to do it, with whom you plan to do it, what you expect to accomplish on the back end, and all the underlying motivating factors that may not be apparent to the naked eye. You, all of you in humanity, are motivated by so many things.

You may buy your child a gift, and on the outside it may appear to be that you are simply fulfilling your child’s request. However, perhaps your real intent is not only to fulfill the child’s request but to retroactively fulfill your own requests that were never filled by your own parents. If your parents are alive, it might even be a way of “rubbing their nose in it.” It becomes your opportunity, through contrast and comparison, to try to prove that you are a better parent to your child than they were to you. These kinds of hidden agendas have very

strong vibratory patterns. Everyone may not always know what the specific motivating factors are, but they will be able to sense it when a gesture is cluttered with impurities. There is a discounting that happens at that point in time.

Your intent impacts your attitudes tremendously. As you go about your day, what is your deepest intent? If you show up for a job, for example, are you there to do your best? Are you there to work cooperatively with whomever else is there? Are you present? Is your attention present? Is it your intent to really make a contribution, or are you just passing the time away? Are you just punching a time clock? Are you just doing your hours so you can get your benefits? Are you just tolerating the other individuals with whom you would really rather not work? What is your deepest intent?

As you travel on your spiritual journeys, what is your deepest intent, my children? Are you really searching earnestly for a deeper understanding of our Oneness? Are you acknowledging me as the Source of all things and turning to me with the understanding that that's what I am? Are you exploring your own experiences for the purpose of letting go of the stories that do not align with the Truth of your being, or are you looking for validations for your own interpretations of your life's circumstances? Are you looking for the evidence of just how hard and stressful life can be? Are you walking around angry at what you consider to be injustice, inequalities, and downright inefficiencies in how the universe operates? What is your deepest intent as you travel this thing called life?

7 On your spiritual journey, what is your deepest intent?

It is more important that you clarify your intent than it is that you accomplish your goals. It is more important that you allow yourself to be pulled by vision and not pushed by pain. It is important that you transcend the material facts and understand the bounty of the Spiritual Universe that is yours. It is

important that you rise above, and desire for everyone the good that you would seek for yourself.

8 *America needs to consider its deepest intent in national and global affairs*

This is particularly true at this great moment in history. Much is said in the letters appearing in this book about America's deepest intent on a national level, especially regarding global relations. It is imperative that you, individually and collectively as a nation, pause to consider your deepest intent in the world. Are your actions in alignment with your highest values? Are you using your power and your might to create a kinder, gentler, more compassionate and forgiving world? Are you making your best efforts to reconcile with your so-called enemies with the understanding that they are your brothers and sisters in Spirit? Is Oneness what you seek above all else? Are you willing to move away from paradigms that reinforce divisiveness and separation? Are you ready to be the peace, individually and collectively, that you desire to see in the world? Is it your desire for every nation to win?

9 *What are you looking for and why?*

When your intent is a win/win, when your intent is to bless and to be blessed by everything, when your intent is to stretch and to grow and to be a greater channel of divine goodwill, then your mind will rest and your heart will be at ease. There will be pep in your step and a new sense of being invigorated. The mysteries of life will be intriguing, not insane. There will be a resting place within you for Divine Order.

“Seek and ye shall find,” yes, but what are you really looking for and why? Your search says more about you than anything else.